



2016-2017 Alliance Coach Bio

Name:

Callie West

Professional Background:

Callie is a Physical Therapy Technician and Volleyball Coach for Alliance Volleyball Club Nashville

Personal:

Callie is from Memphis, TN. She has lived in Nashville for three years now. She has one brother who lives in Nashville along with both of her parents. She has been playing volleyball since she was 10 years old and hasn't stopped since.

Education:

Callie went to Harding Academy of Memphis for high school and graduated in 2009. She went to Freed Hardeman University for college where she got her Bachelor Degree in Kinesiology with a minor in Nutrition. She graduated from college in 2013.

Coaching:

After playing four years at FHU, Callie was the Student Assitant for the volleyball team her last semester in college. Since graduating college Callie has coached two years for Alliance as the 15 Regional Teal head coach. She also has coached several teams in the past two years in the Fall and Winter Leagues for Alliance.

Coaching Philosophy:

The main focus of Callie's coaching philosophy is fundamentals. She believes that you have to have a solid fundamental base to grow as a player. Callie wants her players to learn from their mistakes and grow from them, not be punished for them. She will push her girls to be the best they can be on and off the court.

Playing Experience:

She played at Harding Acadmey of Memphis in high school. She played club for Memphis Juniors and Delta Force both based out of Memphis. She went to Freed Hardeman University where she started as Libero for four seasons. Callie continues to play competitive volleyball both in the sand and indoor.

Top Volleyball Highlights:

Getting 1,000 career digs her Junior year of college. Going to the NAIA National Tournament three years in a row while in college. Being named an All Conference Player three out of the four years in her college career. Being named team Captain her Senior year of college. Winning the TSSAA State title her Junior and Senior year in high school. Winning a tournament each year since she has coached for Alliance.